

Rich's Homestyle Chocolate Iced Cake Donut w/Sprinkles (3/6/17)

Nutrition Facts	
Serving Size 1 donut (102g/3.6oz)	
Amount Per Serving	
Calories 440	Calories from Fat 210
	% Daily Value*
Total Fat 23g	35%
Saturated Fat 11g	55%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 580mg	24%
Total Carbohydrate 53g	18%
Dietary Fiber 1g	6%
Sugars 26g	
Protein 4g	
Vitamin A 0%	•
Vitamin C 0%	
Calcium 0%	•
Iron 10%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65 g 80 g
Saturated Fat	Less than 20 g 25 g
Cholesterol	Less than 300 mg 300 mg
Sodium	Less than 2,400 mg 2,400 mg
Total Carbohydrate	300 g 375 g
Dietary Fiber	25 g 30 g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: CAKE DONUT: ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, ENZYME, FOLIC ACID), PALM OIL, SUGAR, WATER, SOYBEAN OIL, CONTAINS LESS THAN 2% OF THE FOLLOWING: DEFATTED SOY FLOUR, EGG YOLKS, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), DEXTROSE, WHEAT STARCH, SALT, SKIM MILK, MODIFIED WHEAT STARCH, POTATO FLOUR, ARTIFICIAL FLAVOR, SODIUM STEAROYL LACTYLATE.

CHOCOLATE ICING: SUGAR, WATER, CORN SYRUP, COCOA ALKALI PROCESSED, CONTAINS LESS THAN 2% OF THE FOLLOWING: CHOCOLATE LIQUOR (MANUFACTURED ON EQUIPMENT THAT PROCESSES MILK), TO PRESERVE FRESHNESS (POTASSIUM SORBATE, SODIUM BENZOATE), SALT, HYDROGENATED PALM OIL, PHOSPHORIC ACID, AGAR, SOY LECITHIN.

SPRINKLES: SUGAR, CORN STARCH, PARTIALLY HYDROGENATED VEGETABLE OIL (SOY AND/OR COTTONSEED), SOY LECITHIN, DEXTRIN, CONFECTIONERS GLAZE, NATURAL & ARTIFICIAL FLAVORS, RED 40 LAKE, YELLOW 6 LAKE, CARNUBA WAX, YELLOW 5 LAKE, BLUE 1 LAKE, RED 3, RED 40.

CONTAINS: WHEAT, MILK, EGGS, SOY